

VITA

Julia Mahfouz

Associate Professor (Tenured)
Director of the Prosocial Leader Lab
University of Colorado Denver
School of Education & Human Development

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EDUCATION

- 2017 Ph.D., Educational Leadership
The Pennsylvania State University, State College, PA
Minor: Curriculum and Supervision
Comparative and International Education
Dissertation Title: *Exploring the Influence of CARE (Cultivating Awareness and Resilience in Education) on Principals' Leadership and Well-being*
Committee: Deborah Schussler, Educational Leadership; Edward Fuller, Educational Leadership; Mark Kissling, Curriculum and instruction; Katerina Bodovski, Comparative and International Education; Mark Greenberg, Human Development and Family Studies
- 2005 M.A. English Literature
American University of Beirut, Beirut, Lebanon
Thesis Title: *Mirror and Identity: The Role of the Mirror in the Formation of Feminine Literary Identity*
With High Distinction
Committee: Mark Bayer; Jason Iwen, Marie Anne Khalaf
- 2002 Post-B.A. Teaching Diploma in secondary English
American University of Beirut, Beirut, Lebanon
With High Honors
- 2002 B.A. Psychology; English Literature
American University of Beirut, Beirut, Lebanon
With Honors

PROFESSIONAL EXPERIENCE

Current Appointment

July 2022 – present
Director of the Prosocial Leader Lab
School of Education and Human Development, University of Colorado-Denver, Denver, CO
Affiliate of Health Administration Research Consortium (HARC), Business School
Affiliate of Imaginator Academy

August 2023 – present

Associate Professor, tenured

School of Education and Human Development, University of Colorado-Denver, Denver, CO

Department of Leadership for Educational Organizations

August 2020 – May 2023

Assistant Professor, tenure track

School of Education and Human Development, University of Colorado-Denver, Denver, CO

Department of Leadership for Educational Organizations

Prior Appointments

August 2017 - 2020

Assistant Professor, tenure track

College of Education, Health and Human Sciences, University of Idaho, Moscow, ID

Department of Leadership and Counseling

Educational Leadership Program

Research Experience

Research Assistant, with Dr. Deborah Schussler, Education Policy Studies, Dr. Jennifer Frank, Educational Psychology, Counseling, and Special Education, & Mark Greenberg, Human Development and Psychology, The Pennsylvania State University, State College, PA (2014 – 2017).

Research Assistant, Common Core Implementation project, Dr. Mindy Kornhaber, Education Policy Studies, The Pennsylvania State University, State College, PA (2014 – 2016).

Research Assistant, State College Area School District Consultancy Project, Dr. Ed Fuller, Educational Leadership, The Pennsylvania State University, State College, PA (2014 – 2017).

Research Assistant, Literacy through Photography Project, Dr. Kimberly Powell, Curriculum & Instruction and School of Visual Arts, The Pennsylvania State University, State College, PA. (2013 – 2014).

Research Assistant, Advisor Dr. Mark Bayer, Department of English, American University of Beirut, Beirut, Lebanon (2002 - 2004)

Practitioner Leadership & Teaching Experience

K-12 Principal, Advanced Global International School, Jeddah, K.S.A. (2011 – 2013).

Co-founder and Director of Educational Program & Developer of Summer Camp, Loompaland Summer Camp, Beirut, Lebanon (2012)

Interim Principal, American International School of Jeddah, K.S.A. (2010-2011)

Head of English Department, American International School of Jeddah, K.S.A. (2008 – 2010)

High School English Teacher, American International School of Jeddah, K.S.A. (2006 – 2010). Taught AP English Language and Composition, English III grade 11, English IV grade 12, AP Psychology, and Elective Comparative Arab Authors in/of Exile course.

Grade 5 Homeroom Teacher, American International School of Jeddah, K.S.A. (2005 – 2006).

Teaching Assistant, Civilization Studies Program, American University of Beirut, Beirut, Lebanon (2003- 2004)

Teaching Assistant, English Department, American University of Beirut, Beirut, Lebanon (2002 – 2003)

Middle School English Teacher, Rawdah High School, Beirut, Lebanon (2002 – 2003).

Instructor, American University of Sciences and Technology, Beirut, Lebanon, Communication Skills [203, 204] (2001 – 2002)

Instructor, UniPrep Institute, Beirut, Lebanon, GMAT, GRE, SATI, SATII, GED, TOEFL (2002 -2004)

Related Experience

(consultancy)

Consultancy: Evaluation of BREATHE program of Davis Behavioral Health at Davis School District, Utah

Consultancy: Evaluation of the Network alumni of Soul of Leadership program, Center for Courage and Renewal (2020 – present)

Consultancy: Gates Live Build, Bill & Melinda Gates Foundation-sponsored project at the Greater Good Science Center (GGSC) at UC Berkeley (November 2020 - February 2021)

Freelance Educational Consultant (2009 – 2011)

- Prepared diagnostic study for AlBait AlSaeed, Jeddah K.S.A. School based on accreditation indicators in order to detect areas of strength and areas of improvement
- Educational Consultant and later worked as Director of Academics and Professional Development of Al Afaq International Schools
- Literacy Specialist/Educational Leadership and Management Consultant for Third Millennium College for Girls

PUBLICATIONS

Google Scholar: <https://scholar.google.com/citations?user=vXO8cUkAAAAJ&hl=en>

**indicates authorship with students*

Peer-Reviewed Journal Articles

2025

1. Darwich, L., DeBay, D., Forbes, L., & **Mahfouz, J.** (2025). Play, reflect, cultivate social and emotional learning: A pathway to preservice teacher Sel through playful pedagogies. *Frontiers in Education*, 6, 1-11. <https://doi.org/10.3389/educ.2024.1478541>
2. Doyle Fosco, S.L., Schussler, D.L., Brown, M.A., **Mahfouz, J.**, Levit-Binnun, N., Cantrell, T., Cherkowski, S., Frazier, T., Jennings, P.A., Krisch, K. (2025). A conceptual framework for whole-school implementation of mindfulness programs and practices: wisdom from the field. *Psychology in the Schools*.

2024

3. RaphaelliHirsc, R., **Mahfouz, J.**, Linchevski, I., & Levit-Binnun, N. (under review). Homeroom teachers' role in supporting student needs: insights from a Self-Determination Theory Framework. *Journal of Educational Psychology*.
4. **Mahfouz, J.**, King, K., James, L., Kotok, S., Panayiotou, G., Richardson, J., & Robinson, K. (submitted). The Extent to Which Social and Emotional Learning Is Incorporated into State Principal Evaluation Standards. *Educational Researcher*.
5. **Mahfouz, J.**, Schussler, D., Broderick, T., Berrena, E., Frank, J., & Greenberg, M.T.

(submitted). Supports and challenges associated with L2B Implementation. *Journal of Teacher Education*.

6. **Mahfouz, J.**, Levitan, J., Schussler, D.L., Oh, Y., Frank, J., & Greenberg, M.T. (submitted). Mixed methods paradigms for research on mindfulness in schools. *Journal of Mixed Methods Research*.
7. **Mahfouz, J.**, Greenberg, M.T., Weissberg, R.P., Kim, C., & Turksma, C. (revise and resubmit). The prosocial school leader: Theory, research, and action. *Social and Emotional Learning: Theory, Research, and Practice*.
8. Levitan, J. & **Mahfouz, J.** (under review). Pragmatic Identity Analysis: A technique to understand the ways self-conceptions influence individuals' lived experiences and wellbeing. *The Qualitative Report*.
9. Brezicha, K., Mahfouz, J., Rambaugh, W. (under review). A systematic review of the beliefs and values of educational leaders. *Educational Researcher*.

2023

10. **Mahfouz, J.**, Steed, E.A., & Shapland, D. (2023). Culturally responsive social and emotional learning: Perspectives of early childhood teachers. *Early Childhood Education Journal*, 1-8. <https://doi.org/10.1007/s10643-023-01599-0>
11. **Mahfouz, J.**, Shapland, D., & Steed, E.A. (2023). Barriers to ethics of care: The perceptions of early childhood teachers. *Early Childhood Education Journal*, 1-8. <https://doi.org/10.1007/s10643-023-01601-9>
12. Torrance, D., Forde, C., King, F., **Mahfouz, J.**, Ärlestig, H., Misfud, D., Flood, L, Angelle, P., Chisolm, L., Harvie, J., McGowan, J., Mitchell, A., & Travers, J. (2023). Conducting comparative analyses of social justice leadership: Creating an international research team from diverse country, policy, and education system contexts. *Equity in Education and Society*.

2022

13. Davis*, S.J., Lettis*, B. M., **Mahfouz, J.**, Vaughn, M. (2022). Deconstructing racist structures in K-12 education through SEL starts with the principal. *Theory into Practice*, 61(2), 145-155. <https://doi.org/10.1080/00405841.2022.2036061>
14. Schussler, D., **Mahfouz, J.**, Broderick, T., Berenna, E., Frank, J., & Greenberg, M.T. (2022). Shifting to embodiment: A longitudinal qualitative investigation into the experiences of high school teachers teaching mindfulness. *Mindfulness*, 13(2), 509-525. <https://doi.org/10.1007/s12671-021-01811-5>

2021

15. **Mahfouz, J.**, King*, K., & James*, L. (2021). Lessons from the storm: Emotions, meaning-making and leadership during transition. *The Asia-Pacific Education Researcher*, 30(4), 339-347. <https://doi.org/10.1007/s40299-021-00574-w>

16. Örüçü, D., Arar, K. & **Mahfouz, J.** (2021) Three contexts as the post-migration ecology for refugees: School principals' challenges and strategies in Turkey, Lebanon, and Germany. *Leadership and Policy in Schools*, 20 (1), 41-56. <https://doi.org/10.1080/15700763.2020.1833044>
17. Frank, J.L., Broderick, P.C., Oh, Y., Mitra, J., Kohler, K., Schussler, D.L., Geier, C., Roeser, R.W., Berrena, E., **Mahfouz, J.**, Levitan, J., Greenberg, M.T. (2021). The effectiveness of a teacher delivered mindfulness-based curriculum on adolescent social-emotional and executive functioning. *Mindfulness*, 12, 1234-1251. <https://doi.org/10.1007/s12671-021-01594-9>
18. **Mahfouz, J.** & Richardson, J. (2020). At the crossroads: Well-being and principalship preparation. *Journal of Research on Leadership Education*, 16(4), 360-384. <https://doi.org/10.1177/1942775120933914>
19. Schussler, D., Oh, Y., **Mahfouz, J.**, Levitan, J., Frank, J., Broderick, P., Mitra, J., & Greenberg, M. (2021). Stress and well-being: A systematic case study of adolescents' experiences in a mindfulness-based program. *Journal of Child and Family Studies*, 30(2), 431-446. <https://doi.org/10.1007/s10826-020-01864-5>

2020

20. Hayes, S. & **Mahfouz, J.** (2020). Principalship & mentoring: A review of perspectives, evidence, and literature 1999 – 2019. *Research in Educational Administration and Leadership*, 5(3), 722-751. <http://doi.org/10.30828/real/2020.3.4>
21. **Mahfouz, J.** (2020). Principals and stress: Few coping strategies for abundant stressors. *Educational Management Administration & Leadership*, EMAL.,48(3), 440-458. <https://doi.org/10.1177/1741143218817562>
22. Katz, D., **Mahfouz, J.**, & Romas*, S. (2020). Creating a foundation for teachers and better futures for students: The need for SEL curriculum in teacher education programs. *Northwest Journal of Teacher Education*, 15(2). <https://doi.org/10.15760/nwjte.2020.15.2.5>
23. **Mahfouz, J.** & Gordon, D.P. (2020). The case for focusing on school principals' social-emotional competencies. *Management in Education*, 1-5. <https://doi.org/10.1177/0892020620932351>
24. Anthony-Stevens, V., **Mahfouz, J.**, & Bisbee, Y. (2020). Indigenous teacher education is tribal nation building: Stories of capacity building and capacity strengthening in Idaho. *Journal of School Leadership*, 30(6),541-564. <https://doi.org/1052684620951722>
25. Scheef, A., & **Mahfouz, J.** (2020). Supporting the post-school goals of youth with disabilities through use of a transition coordinator. *Research in Educational Administration and Leadership*,5(1), 43-69. <https://doi.org/10.30828/real/2020.1.2>
26. **Mahfouz, J.**, & Anthony-Stevens, V. (2020). Why trouble SEL? The need for cultural relevance in SEL. *Bank Street Occasional Paper Series*, 43, 1-14. Retrieved from

<https://educate.bankstreet.edu/occasional-paperseries/vol2020/iss43/6>

2019

27. **Mahfouz, J.**, El-Mehtar, N., Osman, E., Kotok, S. (2019). Challenges and agency: Principals responding to the Syrian refugee crisis in Lebanese public schools. *International Journal of Leadership in Education*, 23(1), 24- 40. <https://doi.org/10.1080/13603124.2019.1613570>
28. Karami, R., **Mahfouz, J.**, & Mansour*, S. (2019). Sustaining school-based improvement: Considering emotional responses to change. *Journal of Educational Administration*, 57(1), 50 - 67. <https://doi.org/10.1108/JEA-01-2018-0022>
29. **Mahfouz, J.**, Sausner, E. B., & Kornhaber, M. L. (2019). U.S. international schools overseas and the common core. *International Journal of Leadership in Education*, 22 (4), 406 - 420. <https://doi.org/10.1080/13603124.2018.1481529>
30. Broderick, P., Frank, J., Barrena, E., Schussler, D., Kohler, K., Mitra, J., Khan, L., Levitan, J., **Mahfouz, J.**, Shields, L., Greenberg, M. (2019). Evaluating the quality of mindfulness instruction delivered in school settings: Development and validation of a teacher quality observational rating scale. *Mindfulness*, 10 (1), 36- 45. <https://doi.org/10.1007/s12671-018-0944-x>

2018

31. Levitan, J., **Mahfouz, J.**, & Schussler, D. (2018). Pragmatic identity analysis as a qualitative interview technique. *Forum: Qualitative Social Research*, 19(3), 1-22. <https://doi.org/10.17169/fqs-19.3.3032>
32. **Mahfouz, J.** (2018). Mindfulness training for school administrators: Effects on well-being and leadership. *Journal of Educational Administration*, 56 (6), 602- 619. <https://doi.org/10.1108/JEA-12-2017-0171>
33. **Mahfouz, J.**, Levitan, J., Schussler, D., Broderick, T., Dvorakova, K., Argusti, M., & Greenberg, M. (2018). Ensuring college student success through mindfulness-based classes: Just BREATHE. *College Student Affairs Journal*, 36 (1), 1-16. <https://doi.org/10.1353/csaj.2018.0000>
34. **Mahfouz, J.**, Barkauskas, N., Sausner, E., & Kornhaber, M. (2018). Leadership roles of administrators under the common core reform. *Education and Urban Society*, 50(9), 793 - 817. <https://doi.org/10.1177/0013124517714309>

2017

35. Schussler, D.L., Frank, J., Lee, T.K., & **Mahfouz, J.** (2017). Using virtual role-play to enhance teacher candidates' skills in responding to bullying. *Journal of Technology and Teacher Education*, 25(1), 91-120. <https://www.learntechlib.org/primary/p/173571>
36. Kornhaber, M.L., Barkauskas, N., Griffith, K., Sausner, E., & **Mahfouz, J.** (2017). The common core's promises and pitfalls per policy entrepreneurs and ground-level actors. *Journal of Educational Change*, 8(14), 385 – 412. <https://doi.org/10.1007/s10833-017-9306-z>
37. Smith, W. C., Fraser, P., Chykina, V., Ikoma, S., Levitan, J., Liu, J., & **Mahfouz, J.** (2017). Global citizenship and the importance of education in a globally integrated world. *Globalisation*,

Societies and Education, 15(5), 648 - 665. <https://doi.org/10.1080/14767724.2016.1222896>

Guest Co-Editor for Special Issues of Peer-Reviewed Journals

2020

38. Pollock, K., Wang, F., & **Mahfouz, J.** (Guest Editorial) (2020). School administrators' wellbeing and mindfulness [Special issue]. *Journal of Educational Administration*, 58(4), 389 - 399. <https://doi.org/10.1108/JEA-08-2020-237>

Peer-Reviewed Books or Book Chapters

2025

1. AlZandi, H., & **Mahfouz, J.** (2025). The path to a knowledge-based economy through reforming public K-12 education: Educational policies and educator professional development in Saudi Arabia. In Khalid Arar, Selahattin Turan, Mohammed Elmeski, & Seher Iscan (Eds.) *Educational Policy, Reforms and Change in the Middle East and North Africa/ or in the Global South*. Abingdon, UK: Routledge.
2. **Mahfouz, J.**, & Greenberg, M.T. (2025). Social and emotional competencies of principals. In Joseph A. Durlak, Celene E. Domitrovich, & Joseph L. Mahoney (Eds.), *Handbook of Social and Emotional Learning*. NY: The Guilford Press.
3. Braun, S.S., Hatchimonji, D.R., Crowder, M.K., Anderson, R.C., Alamos, P., Graham, J., **Mahfouz, J.**, & Guillaume, C. (2025). Afterward: An Invitation for Collaboration and Growth. In Joseph A. Durlak, Celene E. Domitrovich, & Joseph L. Mahoney (Eds.), *Handbook of Social and Emotional Learning*. NY: The Guilford Press.
4. Schonert-Reichl, K.A., Braun, S.S., & **Mahfouz, J.** (2025). Toward Widespread Effective Practice. In Joseph A. Durlak, Celene E. Domitrovich, & Joseph L. Mahoney (Eds.), *Handbook of Social and Emotional Learning*. NY: The Guilford Press.

2023

5. Arar, K., Turan, S., Gümüş, S., Sellami, A. & **Mahfouz, J.**, Eds. (2023). *Demystifying Educational Leadership and Administration in the Middle East and North Africa: Challenges and Prospects*. Abingdon, UK: Routledge.
6. **Mahfouz, J.**, & Karami, R. (2023). Principalship in Lebanon: The unsung heroes. In Khalid Arar, Selahattin Turan, Sedat Gümüş, Abdellatif Sellami, & Julia Mahfouz (Eds.), *Demystifying Educational Leadership and Administration in the Middle East and North Africa: Challenges and Prospects*. Abingdon, UK: Routledge p.140 – 154.
7. Carpenter, B., **Mahfouz, J.**, & Robinson, K., Eds. (2023). *Supporting leaders for school improvement through self-care and wellbeing*. Charlotte, NC: Information Age Publishing.
8. ElHess, M., Mahfouz, J., & Summers, L. (2023). Cultivating campus belonging for refugee college students through effective academic and social integration. In Thomas DeVere Wolsey &

Ibrahim M. Karkouti (Eds.), *Teaching refugees and displaced students: What every educator should know*. Springer International Publishing p. 127 – 138.

9. Hon, D., Sauve, J., **Mahfouz, J.**, & Schonert-Reichl, K.A. (2023). Cultivating SEL-ready teachers. In Sara Rimm-Kaufman, Michael J. Strambler, & Kimberly A. Schonert-Reichl (Eds.), *Social and Emotional Learning in Action: Creating Systemic Change in Schools*. Guilford Press p.115 – 137.
10. Khoury, N. & **Mahfouz, J.** (2023). Amina Wadud: Critical self-reflection in Islam, toward radical transformation. In Melanie Brooks & Miriam Ezzani (Eds.), *Great Muslim Leaders*. Charlotte, NC: Information Age Publishing, p.171- 182.

2022

11. Hayes, S.D. & **Mahfouz, J.** (2022). Conducting case study research internationally using technology resources. *SAGE Research Methods: Doing Research Online*. Newbury Park, CA: SAGE publishing. <https://dx.doi.org/10.4135/9781529799798>
12. Arar, K., Örüçü, D., & **Mahfouz, J.** (2022). Social in/justice and double marginality in educational leadership: Trajectories of three female school principals from the Middle East. In Showunmi, V., Moorosi, P., Shakeshaft, C., & Oplatka, I. (Eds.), *The Handbook for Gender and Educational Leadership*. London, UK: Bloomsbury, pp. 76-87.
13. Scheef, A., **Mahfouz, J.**, & Hagiwara, M. (2022). They decide: Empowering transition-age youth with disabilities by promoting self-determination. In Danzig, A., Black, W., & O'Brien, C. (Eds.), *Who Decides? Power, Disability, and Educational Administration: Narratives on Disability at Home, in School, and in the Workplace*. Information Age Publishing.

2021

14. **Mahfouz, J.** & Schussler, D.L. (2021). The indispensable principal. In Walker, K.D., Kutsyuruba, B., & Cherkowski, S. (Eds.), *Positive Leadership for Flourishing Schools*. Charlotte, NC: Information Age Publishing.
15. Örüçü, D., Arar, K., & **Mahfouz, J.** (2021). A comparison of social justice leadership meaning and praxis: The interplay of unique social cultural contexts in Turkish, Palestinian, and Lebanese high needs schools. In Woods P.A. & Barnett, B. (Eds.), *Educational Leadership for Social Justice and Improving High-Need schools: Findings from 10 Years of International Collaboration*. Charlotte, NC: Information Age Publishing.
16. **Mahfouz, J.** (2021). Neoliberalism—the straw that broke the back of Lebanon’s education system. In Arar, K., Örüçü, D., & Wilkinson, J. (Eds.), *Neoliberalism and education systems in conflict: Exploring challenges across the globe*. Abingdon, UK: Routledge.

2018

17. Levitan, J., Schussler, D., **Mahfouz, J.**, Frank, J., Kohler, K., Broderick, P.C., Mitra, J., Oh, Y., Berrena, E., & Greenberg, M. (2018). Evaluating student cognitive and social-emotional growth during a high school mindfulness course using mixed-method design. *SAGE Research Methods Cases*. Newbury Park, CA: SAGE publishing. <http://doi.org/10.4135/9781526446428>

Policy Briefs, Reports, & Conference Proceedings

2024

1. Mahfouz, J., Wilson, A., Davis, S., Hall, L., King, K., Ressler, M., Yahya, D., Bassaj, R., Panayiotou, G., Juneja, A. (November, 2024). Learning to BREATHE school district implementation: An evaluative report. Davis Behavioral Health.
2. Panayiotou, G., Christopher, A., Mahfouz, J., Soliman, S., Yahya, D., & Bassaj, R. (September, 2024). Equity for educational excellence: An evaluative report.

2023

3. Eyre, H.A., Walter, D.D., Abbott, R., Silverman, K., Chen, S., Ayadi, R., Carnevale, S., Wong, S., Berk, M., Nanda, U., Ling, G., Tempest, M., Occhipini, J.A., Shah, S., **Mahfouz, J.**, Fu, E., MacRae, I., Esquivel, G., Edmonds, T., Jacka, F., & Sweiboda, P. (2023, May). Upgrading our societal operating systems: Toward a comprehensive brain deal to harness the potential of artificial intelligence. Policy Brief no. 05.31.23. Center for Health and Biosciences, Rice University's Baker Institute for Public Policy, Houston, Texas. <https://doi.org/10.25613/0GQN-7Q13>.
4. **Mahfouz, J.**, King, K., Kotok, S., & Yahya, D. (2023). Soul of Leadership Courage, Presence, and Integrity: An Evaluative report 2022- 2023.

2022

5. **Mahfouz, J.**, King, K., Kotok, S., & Yahya, D. (2022). Soul of Leadership Courage, Presence, and Integrity: An Evaluative report 2021- 2022.
6. **Mahfouz, J.** (2022, October). NEPC review: The unexamined rise of therapeutic education: How social-emotional learning extends K-12 education's reach into students' lives and expands teachers' roles. National Education Policy Center, University of Colorado Boulder. <https://nepc.colorado.edu/sites/default/files/reviews/NR%20Mahfouz.pdf>

2021

7. **Mahfouz, J.**, King, K., & Kotok, S. (2021). Soul of Leadership Courage, Presence, and Integrity: An Evaluative report 2020- 2021.
8. Kroth, M., Carr-Chellman, D., & **Mahfouz, J.** (2021). Drawing from mysticism in monotheistic religious traditions to inform profound and transformative learning. *Proceedings of American Association for Adult and Continuing Education* (p. 112- 117). Reno, NV, United States: 2020 Annual Conference of American Association for Adult & Continuing Education (AAACE). Retrieved January 5, 2022 from <https://files.eric.ed.gov/fulltext/ED611636.pdf>.

2019

9. **Mahfouz, J.**, Greenberg, M.T., & Rodriguez, A. (2019). Principal's social and emotional competence: A key factor for creating schools. Edna Bennet Pierce Prevention Research Center, Pennsylvania State University. <https://files.constantcontact.com/df591f85401/fcf51355-841d-4b20-8a39-3c9203ae9d90.pdf>

2017

10. Schussler, D., Frank, J., Wright, M., Lee, T. & **Mahfouz, J.** (2017). Using virtual roleplay modules to develop teacher candidates' competence in communicating about bullying. In P.

Resta & S. Smith (Eds.), *Proceedings of Society for Information Technology & Teacher Education International Conference* (pp. 2243-2251). Austin, TX, United States: Association for the Advancement of Computing in Education (AACE). Retrieved October 11, 2018 from <https://www.learntechlib.org/p/177947>.

Non-peer Reviewed Publications & Other Publications
(Professional Journals)

2023

1. **Mahfouz, J.** (October 2023). Meaning and purpose are key to principals' wellbeing. *The Learning Professional*, 44(5), p. Retrieved from <https://learningforward.org/journal/reaching-all-learners/meaning-and-purpose-are-key-to-principals-well-being/>
2. Schussler, D., Krisch, K., **Mahfouz, J.**, Baelen, R., & Gould L. (February, 2022). Leading for Mindfulness. Phi Delta Kappan. Retrieved from <https://kappanonline.org/leading-for-mindfulness-schussler/>

2022

3. King, K., Yahya, D., & **Mahfouz J.** (November, 2022). Six self-care practices for school leaders. Greater Good Magazine. Retrieved from https://greatergood.berkeley.edu/article/item/six_self_care_practices_for_school_leaders.
4. **Mahfouz, J.**, King, K.B., & Yahya, D. (September, 2022). Five ways to support the wellbeing of school leaders. Greater Good Magazine. Retrieved from https://greatergood.berkeley.edu/article/item/five_ways_to_support_the_wellbeing_of_school_leaders
5. **Mahfouz, J.**, Karami-Akkary, R., & Jureidini, S. (2022). The Cycle of Development of Education. Khaddit Beirut, 8.

2020

6. Itani, W., **Mahfouz, J.**, Huijer Abu-Saad, H., & Daouk-Öyry (December, 2020). Kickstarting a Cycle of Development. *Khaddit Beirut*, 5. Retrieved from <https://khadditbeirut.medium.com/breaking-the-cycle-of-dependency-1578b61fc4cb>

2019

7. Greenberg, M.T., **Mahfouz, J.**, Davis, M., & Turksma, C. (2019). Social emotional learning for principals: Strengthening leadership and wellbeing. (December 2019). *Education Canada*, 59(4), 18 - 21. Retrieved from https://www.edcan.ca/articles/sel-for-principals/?utm_source=hootsuite&utm_medium=&utm_term=&utm_content=&utm_campaign=
8. Farag, A., Becker, E., Orlowski, N., Cranston, L., & **Mahfouz, J.** (October 2019). How school leaders manage stress and stay focused. *The Learning Professional*. Oxford, OH: Learning Forward: The Professional Learning Association, 40 (5), 24 - 27. Retrieved from <https://learningforward.org/wp-content/uploads/2019/10/2the-learning-professional-october2019.pdf>

(materials developed)

2020

1. McLeod, S., Richardson, J. W., Luevanos, E. A., **Mahfouz, J.**, Mansfield, K. C., O'Shea, C. M., Stuart McQueen, S., & Welton, A. (2021). *UCEA job search handbook: Tips and techniques for aspiring faculty* [2nd ed.]. Retrieved from the University Council for Educational Administration at <http://www.ucea.org/opportunities/ucea-job-search-handbook>

2016

2. **Mahfouz, J.**, Kohler, K., Metoyer, P., Frank, J., Schussler, D. (2016) *Online Self-care Module: Project RESPECT* (IES Goal 2 Grant).

Media Features & Citations

2024

1. Mahfouz, J. (October, 2024). Prioritizing educator wellbeing with Julia Mahfouz. Grantastic Podcast, EIR. Retrieved from: <https://podcasts.apple.com/us/podcast/ep-24-sel-for-school-leaders-w-julia-mahfouz/id1527916136?i=1000525325883>

2023

2. Mahfouz, J. (May, 2023). Social Media with Julia Mahfouz & Chelynn Randolph. The learning agency, SEHD Mix. Retrieved from <https://learningagency.podbean.com/e/social-media-teaching/>
3. Quoted in CASEL (April, 2023). Inaugural cohort of CASEL Weissberg Scholars. Retrieved from <https://www.youtube.com/watch?v=9t11vXEkqBo>

2022

4. Quoted in Standford, L. (November 07, 2022). Make SEL work by applying these 6 best practices. *Education Week*. Retrieved from <https://www.edweek.org/leadership/make-sel-work-by-applying-these-6-best-practices/2022/11>
5. Mahfouz, J., James, L., & King, K. (October, 2022). Interview with Research Development Program. RDP mentoring Tips. https://www.canva.com/design/DAEqph29UKE/iCluQ4xSo1H51cJg9cOiEw/view?utm_content=DAEqph29UKE&utm_campaign=designshare&utm_medium=link&utm_source=viewer#5
6. Quoted in Great lakes Center for Education Research & practice (February 22, 2022). Report inaccurately portrays social emotional learning in schools. Retrieved from https://greatlakescenter.org/docs/Think_Twice/TT-Mahfouz-SEL.htm
7. Mahfouz, J. (April, 2022). The Prosocial leader for healthy, caring, and welcoming schools. Grantmakers for Thriving Youth: Research Power Hour. Retrieved from <https://thrivingyouth.org/event/gtys-research-power-hour-april-2022/>
8. Quoted in Yahoo! Life (February 22, 2022). Report inaccurately portrays social emotional learning in schools. Retrieved from <https://www.yahoo.com/lifestyle/report-inaccurately-portrays-social-emotional-120000722.html>

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9. Quoted in Superville, D. (September 14, 2021). Principals need social-emotional support, too.

Education Week. Retrieved from <https://www.edweek.org/leadership/principals-need-social-emotional-support-too/2021/09>

10. Mahfouz, J. (June, 2021). SEL for school leaders with Julia Mahfouz. The Scholarly Self-care Podcast, Tia Barnes. Retrieved from: <https://podcasts.apple.com/us/podcast/ep-24-sel-for-school-leaders-w-julia-mahfouz/id1527916136?i=1000525325883>

2020

11. **Mahfouz, J.** (May, 2020). Social-emotional learning: During COVID-19. Ambitious Coaching Podcast, University of Washington Center for Leadership in Athletics. Retrieved from: <https://soundcloud.com/user-617023187/dr-julia-mahfouz-social-emotional-learning-during-covid-19>

2017

12. Indivero, V. (2017, April). Just BREATHE: Mindfulness may help freshman stress less and smile more. *PennState News*. Retrieved from <https://news.psu.edu/story/462665/2017/04/20/research/just-breathe-mindfulness-may-help-freshman-stress-less-and-smile>

2015

13. Yates, E. (2015, February). Penn State researchers using artificial intelligence to train teachers. *Fox 43*. Retrieved from <https://www.fox43.com/article/news/local/contests/penn-state-researchers-using-artificial-intelligence-to-train-teachers/521-164b8dd3-60b7-43ee-9a0e-b0545ee2e27d>

2014

14. Quoted in Gosalvez, E. (2014). New mindfulness program under consideration. *Lockhaven The express*. Retrieved from <https://www.lockhaven.com/news/local-news/2015/10/new-mindfulness-program-under-consideration/>

Journal Articles & Books in Preparation

(in preparation)

1. **Mahfouz, J.**, Robinson, K., & Kim*, D.J. (in preparation). Challenges and supports of bringing mindfulness into schools.
2. Laccopucci*, A. & **Mahfouz, J.** (in preparation). Self-care and educational leadership: A school administrator's journey with mindfulness-based training.
3. **Mahfouz, J.**, King, K., James*, L., Kotok, S., Richardson, J., & Robinson, K. (in preparation). A scan of principal state standards.
4. Kotok, S., Panayiotou, G.*, Yahya, D.*, King, K., & **Mahfouz, J.** (To be submitted). Wellbeing and effective leadership: A longitudinal Study on the effectiveness of Soul of Leadership professional learning program.
5. **Mahfouz, J.**, King, K., Kotok, S., Yahya, D.*, & Panayiotou, G.* (To be submitted). Promoting principal wellbeing and effective leadership through *Soul of Leadership* program: A Mixed Methods Study.

6. King, K., **Mahfouz, J.**, Panayiotou, G.*, Yahya, D.*, & Kotok, S.(To be submitted). Exploring the influence of soul of leadership program on principals' leadership, health, and wellbeing.
7. **Mahfouz, J.**, Kotok, S., King, K., Panayiotou, G.*, & Yahya, D.* (To be submitted). Principal wellbeing in schools—An integrated Framework.

GRANTS

Pending

Year	Grant Title	Role	Principal Investigator(s)	Amount
2025- 2028	Building leadership capacity through social and emotional learning for school flourishing <i>Source:</i> Large Grant; Spencer Foundation	PI	Mahfouz, J. (PI)	\$375,001 - \$500,000
2025-2027	Promoting caring bonds and resilience at university: Co-design and assessment of a social and emotional learning program <i>Source:</i> Toward Kindness CASEL Weissberg Scholar Small Grant	Co-investigator	Santos, A.C. (PI); Arriaga, P. (co-investigator); Mahfouz, J. (co-investigator) ; Murano, D. (co-investigator); Greenberg, M.T. (advisor)	\$25,000

Funded

Year	Grant Title	Role	Principal Investigator(s)	Amount
2024 - 2025	Towards prosociality: Building leadership capacity for school flourishing <i>Source:</i> Open/All Disciplines Seed Grants Program, University of Colorado Denver	PI	Mahfouz, J. (PI)	\$10,000
2024 - 2028	Examining community-responsive approaches to whole-school wellbeing <i>Source:</i> Insight Grants; Social Sciences & humanities Research Council	Co-PI	Cherkowski, S (PI), Mahfouz, J. (Co-PI)	\$243, 128

2023 - 2024	Towards prosociality: Building leadership capacity for school flourishing <i>Source:</i> Toward Kindness CASEL Weissberg Scholar Small Grant	PI	Mahfouz, J. (PI) Hatchimonji, D. (Co-PI) Anderson, R. (Co-Investigator)	\$40,000
2023 - 2024	A daily diary study of teachers' wellbeing: Identifying prosocial points of intervention <i>Source:</i> Toward Kindness CASEL Weissberg Scholar Small Grant	PI	Braun, S.S. (PI) Mahfouz, J. (Co-PI)	\$19,380
2022 - 2023	Understanding the influence of Learning to BREATHE (L2B) on students, teachers, facilitators, and school environment <i>Source:</i> Davis Behavioral Health	Co-PI	Barley, D. (PI) Mahfouz, J. (Co-PI)	\$30,000
2021 – 2022 <i>(internal)</i>	Social emotional learning in principal state standards and preparation programs <i>Source:</i> Small Grant Funding; Office of research Services; University of Colorado Denver	PI	Mahfouz, J. (PI)	\$2,500
2021 – 2022	Mapping factors that contribute to the ability of educators to support the psychological needs of their students <i>Source:</i> Leon Family Foundation	Co-PI	Levitt-Bennun, N. (PI), Mahfouz, J. (Co-PI), Asur, A. (Co-PI)	\$45,000
2020 – 2021	Mindfulness-based intervention implementation and sustainability in diverse school contexts <i>Source:</i> Conference Grant, Spencer Foundation	Co-PI	Schussler, D. (PI), Mahfouz, J. (Co-PI), & Doyle, S.	\$46,582
2015 -2018	Project RESPECT: A proposal to develop the responding in emotionally supportive and positive ways in educational communication skills training program, Pennsylvania State University <i>Source:</i> Institute for Education Sciences (IES)– Social and	Investigator	Schussler, D. (Co-PI) & Frank, J. (Co-PI)	\$1,298,183

	Behavioral Context for Academic Learning, Goal 2			
2014 – 2017	Promoting adolescent well-being and academic performance through mindfulness-based emotion regulation skills instruction, Pennsylvania State University <i>Source:</i> Institute for Education Sciences – Social and Behavioral Context for Academic Learning, Goal 2	Researcher	Greenberg, M. (PI), Frank, J., Schussler, D., Broderick, T., Roeser, R.	\$1,464,537
2015 – 2016	Mindfulness and education, <i>Source:</i> Education Policy Studies Student Grant, Pennsylvania State University	Student PI	Mahfouz, J. (PI), Levitan, J., Kohler, K., Barkauskas, K	\$2,500
2015 - 2016	Using virtual roleplay modules to accelerate student mastery of effective interpersonal communication and conflict resolution strategies: Phase 2, Pennsylvania State University <i>Source:</i> Center for Online Innovations in Learning	Researcher	Schussler, D. (PI)	\$49,832
2014 – 2016	Common core implementation <i>Source:</i> College of Education Student Group Grant, Pennsylvania State University	Student Co-Investigator	Griffith K. (PI), Barkauskas N., Sausner E.	\$5,000
2015 – 2016	Women empowerment and education <i>Source:</i> Education Policy Studies Student Grant, Pennsylvania State University	Student Co-Investigator	Mann, B., Jeon, H, Mahfouz, J.	\$2,500
2014 – 2015	Using innovative methods to study the effect of mindfulness training on the health and well-being of first year college students <i>Source:</i> Clinical and Translational Science Institute, Pennsylvania State University	Co-investigator	Mark Greenberg, M. (PI), Broderick, T., Dvorakova, K., Mahfouz, J., Kishida, M., Agrusti, M.	\$40,000
2014 – 2015	Common core implementation	Researcher	Kornhaber, M. (PI), Griffith K., Barkauskas	\$9,000

	<i>Source:</i> College of Education Research Initiation Grant Level I., Pennsylvania State University		N., Mahfouz J., Sausner E.	
2013 – 2014	Using artificial intelligence to accelerate student mastery of effective interpersonal communication and conflict resolution strategies	Researcher	Schussler, D. (Co-PI), Frank, J. (Co-PI)	\$49,890
	<i>Source:</i> Center for Online Innovations in Learning, Pennsylvania State University			
2013 – 2014	Global citizenship	Researcher	Smith, W. (PI), Fraser, P., Chykina, V., Ikoma, S., Levitan, J., Mahfouz, J. Liu, J.	\$2,000
	<i>Source:</i> Education Policy Studies Student Grant, Pennsylvania State University			
2013 – 2014	Literacy through photography: Examining a multimodal approach to literacy enhancement and school attachment within a disadvantaged rural setting	Researcher	Powell, K. (PI), Byun S., Schafft, K. A., Guest, S.	\$20,000
	<i>Source:</i> Children, Youth, and Family Consortium, Pennsylvania State University			
2013 – 2014	Literacy through photography: Examining a multimodal approach to literacy enhancement and school attachment within a disadvantaged rural setting	Researcher	Powell, K. (PI), Byun S., Schafft, K. A., Guest, S.	\$9,000
	<i>Source:</i> College of Education Research initiative Grant, Pennsylvania State University			

Unfunded

Year	Grant Title	Role	Principal Investigator(s)	Amount
2024 - 2028	Project EPIC: A Proposal to develop the Exercising Prosociality, Innovation, & Creativity for Student Flourishing Program	Co-PI	Evans, J. (PI) Mahfouz, J. (Co-PI) Edmonds, T. (Co-PI)	\$3,830,699

	<i>Source:</i> Education Innovation and Research (EIR) Grant, U.S. Department of Education			
2024 – 2025	The Kernel of Intention Setting: A Daily Diary Study of the Effects of Intention Setting for Educators	Co-PI	Braun, S. (PI) Mahfouz, J. (Co-PI)	\$24,830
	<i>Source:</i> PEACE Grant, Mind & Life Institute			
2023 - 2025	Reimagining whole-school wellbeing through innovative community-responsive approaches	Co-PI	Cherkowski, S. (PI) Mahfouz, J. (Co-PI)	\$49,914
	<i>Source:</i> Small Grant, Spencer Foundation			
2023- 2024	Creativity Infrastructure Project	PI	Mahfouz, J. (PI) Edmonds, T. (Co-PI)	\$199, 974
	<i>Source:</i> Grand Challenge 2, University of Colorado Denver			
2022 – 2022	The Prosocial Principals: Case study of Ras Al Khaimah Schools	PI	Mahfouz, J. (PI)	34,920 AED
	<i>Source:</i> Faculty Research Grants, Al Qasimi Foundation for Policy Research			
2022 – 2026	Improving Learning Environments by Cultivating Awareness and Resilience in Education (CARE) for Head Start Teachers: A Cluster Randomized Controlled Efficacy Trial	PI	Mahfouz, J., Le, V. (Co-PI); Steed, E. (Co-PI), & Schaack, D.	\$1,900,936
	<i>Source:</i> Department of Health & Human Services, Administration for Children and Families			
2021- 2024	Use of research evidence	Investigator	Krauerz, K. (PI), Schaper, A. (Co-PI), Mahfouz, J.	\$ 780,000
	<i>Source:</i> Use of Research Evidence Program, W.T Grant Foundation			
2020 – 2023	Expanding the TAMAM design: Transforming public schools into self-renewing schools	Co-PI	Karami-Akkary, R. (PI), Mahfouz, J. (Co-PI)	\$399,998.28
	<i>Source:</i> Research-Practice Partnership Grant, Spencer Foundation			

2021 – 2022 <i>(internal)</i>	Social emotional learning in principal state standards and preparation programs <i>Source:</i> New Faculty Funding; Office of Research Services; University of Colorado-Denver	PI	Mahfouz, J. (PI)	\$18,782.95
2020 – 2021 <i>(internal)</i>	Exploring the effects of “Soul of Leadership” (SoL) with principals’ wellbeing and leadership <i>Source:</i> Office of Regulatory Compliance (ORS) Large Grant Funding; University of Colorado-Denver	PI	Mahfouz, J. (PI)	\$24,780
2020 – 2023	Building adaptive leadership capacity for rural education innovation: An RPP in Idaho <i>Source:</i> Research-Practice Partnership Grant, Spencer Foundation	Co-PI	Wargo (PI), Gee, J. (Co-PI), Albertson, T. (Co-PI), Carr-Chellman, D. (Co-PI), & Mahfouz, J. (Co-PI)	\$397,769
2020 – 2021	Understanding and acting upon adaptive challenges in a Lebanese public school <i>Source:</i> Education Research Service Projects Program, AERA	PI	Mahfouz, J. (PI) & Karami-Akkary, R. (Co-PI)	\$ 4,350
2020 – 2021	Social emotional learning in principal state standards and preparation programs <i>Source:</i> Small Spencer Grant, Spencer Foundation	PI	Mahfouz, J. (PI), Robinson, K., Richardson, J., & Schonert-Reichl, K.	\$44,828
2019 – 2021	Social emotional learning in principal state standards and preparation programs <i>Source:</i> The National Academy of Education & Spencer Foundation Post-Doctoral Fellowship Program	PI	Mahfouz, J.	\$70,000
2019 – 2020	Social emotional learning in principal state standards and preparation programs	PI	Mahfouz, J.	\$16,554.48

	<i>Source:</i> Office of Research and Economic Development, Spring 2019 Jumpstart Grant Program, university of Idaho			
2018	The role of design-based research in rural leadership	Co-PI	Carr-Chellman, D.J. (Co-PI), Wargo, E., Mahfouz, J.	\$1,000,000
	<i>Source:</i> Spencer Small Research Grant			
2018	Reinventing education and leadership for the 21st century	Co-PI	Dousay, T. A. (Co-PI), Wargo, E., Mahfouz, Carr-Chellman, A., & Raney, T.	\$100,000
	<i>Source:</i> Gates Foundation & MiSK Foundation			
2018	Articulating the purpose of schools through mission statements	PI	Mahfouz, J.	\$11,692
	<i>Source:</i> Seed Grant, Office of Research and Economic Development, University of Idaho			
2016	Exploring the influence of CARE on principals' leadership & wellbeing	PI	Mahfouz, J.	\$7,215
	<i>Source:</i> 1440 Foundation			

PRESENTATIONS

Peer Reviewed Presentations at Meetings/Conferences

**indicates authorship with students*

(Paper & Symposium Presentations)

1. Panayiotou, G., **Mahfouz, J.**, Vincent, K.*, Yahya, D.*, & Bassaj, R.* (2025, July). Leading through backlash: Exploring school leaders' decision-making experiences while navigating competing stakeholder demands on socially contentious issues. Paper to be presented at British Educational Leadership, Management and Administration Society (BELMAS) Annual Conference 2025, Brighton, UK.
2. **Mahfouz, J.**, Panayiotou, G., King, K., Kotok, S., & Yahya, D.* (2025, July). Cultivating social and emotional competence for school leaders: An effectiveness study. Paper to be presented at British Educational Leadership, Management and Administration Society (BELMAS) Annual Conference 2025, Brighton, UK.
3. Panayiotou, G., **Mahfouz, J.**, Christopher, A.*, & Soliman, S.* (2025, July). Leading for inclusive academic excellence in polarized times: A rural college case study on what works. Paper to be presented at British Educational Leadership, Management and Administration Society (BELMAS) Annual Conference 2025, Brighton, UK.

4. Hodson, C.M.*, Rodriguez, A.*, **Mahfouz, J.**, Hall, L.*, & Lasser, J.* (2025, April). What opportunities does a p-8 public school have to strengthen its restorative justice programs? Paper to be presented at 2025 Annual Meeting of American Educational Research Association (AERA), Denver, CO.
5. Lasser, J.A.*, Hall, L.*, Hodson, C.M.*, Rodriguez, A.*, Davis, S.J.*, & **Mahfouz, J.** (2025, April). What are my students trying to tell me? A missing data problem. Paper to be presented at 2025 Annual Meeting of American Educational Research Association (AERA), Denver, CO.
6. King, K.B., Ressler, M.B., **Mahfouz, J.**, Hall, L.*, Davis, S.J.*, Wilson, A., & Panayiotou, G. (2025, April). Exploring factors impacting social emotional instructor efficacy. Paper to be presented at 2025 Annual Meeting of American Educational Research Association (AERA), Denver, CO.
7. Cherkowski, S.L., & **Mahfouz, J.** (2025, April). Examining whole-school wellbeing: Improving wellbeing in schools from a community-responsive approach. Paper to be presented at 2025 Annual Meeting of American Educational Research Association (AERA), Denver, CO.
8. **Mahfouz, J.**, Njaka, I., DeAngelis, B., & Lyons, M. (2025, April). Developing SEL ecosystems in higher education for wellbeing and inclusive excellence: The time is now. Panel presentation to be presented at 2025 Annual Meeting of American Educational Research Association (AERA), Denver, CO.
9. DeMathews, D., Ford, T., **Mahfouz, J.**, Su-Keene, E., Urick, A., & Wilson, A. (2024, November). Lighten the load, improve support: Critical conversations for addressing the leader wellbeing crisis. Critical Conversations to be presented at 2024 Annual Meeting at University Council of Education Administration (UCEA), Los Angeles, CA.
10. Hall, L., Panayiotou, G., **Mahfouz, J.**, Ressler, M., King, K., Davis, S. Wilson, A., Juneja, A. (2024, November). How teacher perceptions guide improvements to the implementation of SBMPs that utilize outside instructors. Paper to be presented at 2024 Annual Meeting at University Council of Education Administration (UCEA), Los Angeles, CA.
11. **Mahfouz, J.**, Yahya, D.*, Panayiotou, G., King, K., & Kotok, S. (2024, September). Soul of Leadership—Acceptability and effectiveness of program with school leaders. Paper presented at 9th ENSEC Conference: Social Emotional Learning for Lifetime Achievement, Chania, Greece.
12. Davis, S.J.*, Wilson, A., Hall, L.*, King, K., Summers, L., & **Mahfouz, J.** (2024, April). Social and emotional skill-building as a student pathway of empowerment. Paper presented at 2024 Annual Meeting of American Educational Research Association (AERA), Philadelphia, PA.
13. Hall, L.*, King, K.B., Davis*, S.J., Wilson, A., Summers, L., & **Mahfouz, J.** (2024, April). Self-efficacy reflected in instructor facilitation of adolescent stress-reduction. Paper presented at 2024 Annual Meeting of American Educational Research Association (AERA), Philadelphia, PA.
14. **Mahfouz, J.**, Levit-Binnun, N., & Raphaeli Hirsc*, R. (2024, April). Supporting teachers to

- foster students' psychological needs: The role of mindfulness and autonomy. Paper presented at 2024 Annual Meeting of American Educational Research Association (AERA), Philadelphia, PA.
15. King, K., **Mahfouz, J.**, Kotok, S., & Yahya, D.* (2024, April). Creativity—The effectivity of Soul of Leadership professional learning program. Paper presented at 2024 Annual Meeting of American Educational Research Association (AERA), Philadelphia, PA.
 16. **Mahfouz, J.** & King, K. (2024, April). SEL, Creativity, and Mindfulness—Essential Competence in Schooling. Symposium session presented at 2024 Annual Meeting of American Educational Research Association (AERA), Philadelphia, PA.
 17. Mahfouz, J. (2024, February). TAMAM Research Program: Towards building partnerships that contribute to knowledge production. Session presented at 24th TAMAM Gathering, Amman, Jordan.
 18. **Mahfouz, J.**, Yahya, D.*, King, K., & Kotok, S. (2023, November). Wellbeing and effective leadership—the effectiveness of Soul of Leadership professional learning program. Paper presented at 2023 Annual Meeting at University Council of Education Administration (UCEA), Minneapolis, MN.
 19. Davis, S.J.*, Wilson, A., Hall, L.*, **Mahfouz, J.**, King, K., Juneja, A.*, Summers, L., Smyth, A., Barley, D. & Reist, R. (2023, November). Prosocial school leadership: Unleash the potential of mindfulness-based programs. Paper presented at 2023 Annual Meeting at University Council of Education Administration (UCEA), Minneapolis, MN.
 20. Hall, L.*, King, K., Davis, S.J.*, **Mahfouz, J.**, Summers, L., Wilson, A., Juneja, A.*, Barley, D., Reist, R., & Smyth, A. (2023, November). Implementation of a school-based mindfulness program: Instructor perceptions of student development of mindfulness and compassion. Paper presented at 2023 Annual Meeting at University Council of Education Administration (UCEA), Minneapolis, MN.
 21. Hon, D., **Mahfouz, J.**, Sauve, J.*, Lyseng, R.*, & Romas, S.* (2023, April). Building foundational knowledge of SEL with pre-service teachers. Paper presented at 2023 Annual Meeting of American Educational Research Association (AERA), Chicago, IL.
 22. Yahya, D.*, King, K., Kotok, S., & **Mahfouz, J.** (2023, April). Promoting principal wellbeing and effective leadership through *Soul of Leadership* program. Paper presented at 2023 Annual Meeting of American Educational Research Association (AERA), Chicago, IL.
 23. Brezicha, K., Rambaugh, W., & **Mahfouz, J.** (2022, November). Honing our compass: A systematic review of research of educational leaders' values and beliefs. Paper presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
 24. Arar, K., **Mahfouz, J.**, & Örüçü, D. (2022, November). A comparison of social justice leadership meaning and praxis: the interplay of unique social cultural contexts in Turkish,

Palestinian, and Lebanese high needs schools. Paper presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.

25. Schussler, D., **Mahfouz, J.**, Doyle, S., & Brown, M. (2022, November). Leading with and for mindfulness: Implementing and sustaining school-wide mindfulness for all students' wellbeing. Paper presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
26. **Mahfouz, J.**, Hayes, S., & Karami, R. (2022, November). Evolving from a capacity building professional development initiative to a sustainable deep change movement. Paper presented at 2022 Annual Meeting at University Council of Education Administration (UCEA), Seattle, WA.
27. **Mahfouz, J.**, King, K., Kotok, S., & Yahya*, D. (2022, August). Exploring the influence of soul of leadership program on principals' leadership, health, and wellbeing. Paper presented at The European Conference on Educational Research of European Educational Research Association (EERA), Yerevan, Armenia.
28. Arar, K., **Mahfouz, J.**, & Örüçü, D. (2022, August). Revisiting social in/justice in the context of double marginality: Insights into women leadership in the Middle East. Paper presented at The European Conference on Educational Research of European Educational Research Association (EERA), Yerevan, Armenia.
29. Sauve*, J., Hon, D., **Mahfouz, J.**, & Romas*, S., (2022, February). *The 'SEL Ready' Teacher: Cultivating pre-service teachers' SEL skills in teacher education programs*. Paper presented at Oregon Association of Teacher Educators (ORATE) annual conference, Monmouth, OR.
30. Romas*, S., Hon, D., **Mahfouz, J.**, & Sauve*, J., (2022, February). *Studying the Impact of SEL Content in Teacher Preparation*. Paper presented at Oregon Association of Teacher Educators (ORATE) annual conference, Monmouth, OR.
31. Hon, D., **Mahfouz, J.**, Healow, A. (2022, May). SEL education in teacher preparation programs: How do we cultivate 'SEL Ready' new teachers? Paper presented at 2022 National SEL Conference of Center for the Promotion of Social & Emotional Learning (CPSEL), Virtual.
32. Schussler, D., **Mahfouz, J.**, Frank, J.L., Broderick, P., & Greenberg M.T. (2022, April). Shifting to embodiment: A longitudinal qualitative investigation into the experiences of classroom teachers teaching mindfulness. Paper presented at 2022 Annual Meeting of American Educational Research Association (AERA), San Diego, CA.
33. **Mahfouz, J.** & Scheef A. (2021, April). They decide: Empowering transition-age youth with disabilities by promoting self-determination. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
34. **Mahfouz, J.** (2021, November). Principal wellbeing in schools—An integrated approach. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.

35. **Mahfouz, J.** (facilitator) (2021, November). School leader wellbeing. Presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
36. Hayes, S., **Mahfouz, J.**, & Karami, R. (2021, November). Developing and sustaining a networked improvement community of schools: The TAMAM case study. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
37. Bornstein, J., Carpenter, B., Fuller, E., King, K., **Mahfouz, J.**, Pijanowski, J., Richardson, J.W., Robinson, K., & Schussler, D. (2021, November). Critical Conversation. Studying the impact and refining our practice: Developing leaders' social-emotional competency and mindfulness. Critical Conversation presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
38. Levitan, J., & **Mahfouz, J.** (2021, November). Pragmatic Identity Formation—From theory to practice. Paper presented at 2021 Annual Meeting at University Council of Education Administration (UCEA), Columbus, OH.
39. Arar, K., Örücü, D., & **Mahfouz, J.** (2021, September). Social in/justice and double marginality in educational leadership: Trajectories of three female school principals from Palestine, Turkey, and Lebanon. Paper presented at European Conference on Educational Research (ECER), Geneva, virtual.
40. James*, L., King*, K., **Mahfouz, J.**, Robinson, K., Richardson, J., & Katz, D. (2021, April). Social emotional learning in principal state standards and evaluation. Paper presented at 2021 Annual Meeting of American Educational Research Association (AERA), virtual.
41. King*, K., James*, L., & **Mahfouz, J.** (2021, April). Lessons from the storm: Emotions, meaning-making, and leadership during transition. Paper presented at 2021 Annual Meeting of American Educational Research Association (AERA), virtual.
42. Kim*, D.J., **Mahfouz, J.**, Robinson, K. (2021, April). Understanding mindfulness and improving personal wellbeing and health. Paper presented at 2021 Annual Meeting of American Educational Research Association (AERA), virtual.
43. Abram, C. & **Mahfouz, J.** (2020, December). SEL and social justice: Including cultural responsiveness in SEL and trauma informed programs. Paper presented at the 10th International Conference on education and Social Justice, virtual.
44. James*, L., King*, K., & **Mahfouz, J.** (2020, November). State standards scan. Researcher Development Program Symposium. Paper presented at 2020 Annual Meeting at University Council of Education Administration (UCEA), virtual.
45. Arar, K., Örücü, D., & **Mahfouz, J.** (2020, November). The ISLDN: Cross-national studies of social justice leaders and leaders in high-need schools. Paper presented at 2020 Annual Meeting

at University Council of Education Administration (UCEA), virtual.

46. **Mahfouz, J.** & Anthony-Stevens, V. (2020, October). Why trouble SEL? The need for cultural relevance in SEL. Paper to be presented at 2020 American Educational Studies Association Conference (AESA), San Antonio, TX, [cancelled].
47. **Mahfouz, J.**, Carr-Chellman, D., & Kroth, M. (2020, October). Drawing from mysticism in monotheistic religious traditions to inform profound and transformative learning. Paper presented at 2020 Annual Conference of American Association for Adult & Continuing Education (AAACE), Reno, NV.
48. **Mahfouz, J.** (2020, August). Experiences of first-year college students with mindfulness-based wellness program. In Smith, B. (Chair), *Considerations for providing and studying mindfulness-based practices for college students*. Symposium presented at Annual Convention of American Psychological Association (APA), Washington, D.C.
49. **Mahfouz, J.** & Gordon, D.P. (2020, April). Maintaining balance during challenging times. Presented at 2020 Florida Interscholastic Athletic Administrators Association (FIAAA), Orlando, FL [virtual].
50. Richardson, J.W. & **Mahfouz, J.** (2020, April). Well-being of pre-service school leaders: A call to action. Paper to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
51. Laccopucci*, A.M. & **Mahfouz, J.** (2020, April). A phenomenological case study: The mindfulness journey of one school administrator. Paper to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
52. Arar, K., Özücü, D., & **Mahfouz, J.** (2020, April). A cross-cultural comparison of Syrian refugee education across Turkey, Lebanon, and Germany. Paper to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
53. **Mahfouz, J.**, Robinson, K., Katz, D., & Puga*, M. (2020, April). Social emotional learning in principal state standards. In Mahfouz, J. (Chair), *Leading, Learning, and Caring: Well-being and the School Leader*. Symposium to be presented at 2020 Annual Meeting of American Educational Research Association (AERA), San Francisco, CA [cancelled].
54. **Mahfouz, J.** (2019, November). Principals' responses to the Syrian refugee crisis in Lebanese public schools. In Arar K. (Chair), *Understanding Leadership for Refugee Education: Implementation Around the Globe*. Symposium presented at 2019 Annual Meeting at University Council of Education Administration (UCEA), New Orleans, LA.
55. Schussler, D., **Mahfouz, J.**, & Frank, J. (2019, November). Say what? Teacher and administrator perspectives of effective professional development that fosters social- emotional competencies. In Rambaugh W. (Chair), *Teacher and Administrator Professional Development on Social-Emotional Competencies*. Symposium presented at 2019 Annual Meeting at University Council

of Education Administration (UCEA), New Orleans, LA.

56. **Mahfouz, J.**, Robinson, K., Katz, D., & Puga*, M. (2019, November). Gaps in addressing principal wellbeing in the state Standards for principal certification. Paper presented at 2019 Annual Meeting at University Council of Education Administration (UCEA), New Orleans, LA.
57. Cherkowski, S., Kutsyuruba, B., Walker, K., **Mahfouz, J.**, & Greenberg, M.T. (2019, November). Exploring models of wellbeing in schools: Principals' experiences of mindfulness and flourishing at work. Paper presented at 2019 CSLEE 24th Values and Leadership Conference, New Orleans, LA.
58. Nash, A.M., **Mahfouz, J.**, & Mao, K. (2019, November). Promoting ethnic-racial Identity development through SEL. Paper presented at 2019 CSLEE 24th Values and Leadership Conference, New Orleans, LA.
59. Brezicha, K., **Mahfouz, J.**, & Rumbaugh, W. (2019, November). Defining and distinguishing educational leaders' values and beliefs: A literature review. Paper presented at 2019 CSLEE 24th Values and Leadership Conference, New Orleans, LA.
60. Robinson, K., **Mahfouz, J.**, & Kim*, D.J. (2019, October). Mindful leadership: Personal mindfulness practices of school and district leaders. Paper presented at the Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange Conference, Chicago, IL.
61. **Mahfouz, J.**, Kotok, S., Osman, E., & El Mehtar, N. (2019, April). Lebanese principals and their socio-emotional competencies within challenging school contexts. Paper presented at 2019 Annual Meeting of American Educational Research Association (AERA), Toronto, Canada.
62. Robinson, K., & **Mahfouz, J.** (2019, April). Putting your oxygen mask on before helping others: Personal mindfulness practices of educational leaders. Paper presented at 2019 Annual Meeting of American Educational Research Association (AERA), Toronto, Canada.
63. Schussler, L.D., **Mahfouz, J.**, Broderick, J., Frank, J., Levitan, J., Mitra, J., Berrena, E., & Greenberg, M. (2019, April). From "doing" to "being": A longitudinal investigation of classroom teachers' implementation of Learning to BREATHE. Paper presented at 2019 Annual Meeting of American Educational Research Association (AERA), Toronto, Canada.
64. Kim*, D.J., Robinson, K., **Mahfouz, J.** (2019, April). Personal mindfulness practices and educational leadership—A qualitative study. Paper presented at 2019 Annual Meeting of Comparative and International Education Society (CIES), San Francisco, CA.
65. **Mahfouz, J.** (2019, April). Social justice leadership and the interplay of a unique social cultural context: A successful case study in a Lebanese School. Paper presented at 2019 Annual Meeting of Comparative and International Education Society (CIES), San Francisco, CA.
66. **Mahfouz, J.** (2018, November). Social justice in Lebanese schools—A case study. Paper presented at CSLEE 23rd Values and Leadership Conference, Houston, TX.

67. Barkauskas, N., & **Mahfouz, J.** (2018, November). The ethics and values of school mission statements. Paper presented at CSLEE 23rd Values and Leadership Conference, Houston, TX.
68. **Mahfouz, J.**, Kotok, S., Osman, E., & El Mehtar, N. (2018, November). Getting through the day: Principal burnout and coping strategies in Lebanon. Paper presented at CSLEE 23rd Values and Leadership Conference, Houston, TX.
69. Schussler, D., **Mahfouz, J.**, Levitan, J., Kohler, K., Frank, J., Broderick, P., & Greenberg, M. (2018, November). From “doing” to “being”: A longitudinal investigation of classroom teachers’ implementation of a mindfulness-based intervention. Paper presented at 2018 International Symposium for Contemplative Research, Phoenix, AZ.
70. **Mahfouz, J.**, & Robinson, K. (2018, November). Challenges in implementing mindfulness programs at schools. Paper presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.
71. **Mahfouz, J.**, & Barkauskas, N. (2018, November). The influence of mission statements on the practices and leadership of school administrators. Paper presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.
72. Robinson, K., & **Mahfouz, J.** (2018, November). Leadership self-care is mission critical: Exploring personal mindfulness practices on school & district leaders. Paper presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.
73. Schussler, D., Frank, J., Lee, T., Wright, M., **Mahfouz, J.**, Choi, K., & Strurtz, E. (2018, April). Can artificial intelligence teach preservice teachers to respond more effectively to bullying? Paper presented at 2018 Annual Meeting of American Educational Research Association (AERA), New York, NY.
74. **Mahfouz, J.** (2017, November). Emotional leadership: A case study from USA. In Mahfouz, J. (Chair), *Emotional Experiences of Principals during Political Organizational Changes: An International Comparative Perspective*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
75. **Mahfouz, J.** (2017, November). Mindfulness and school leadership: CARE professional development program. In Mahfouz, J. (Chair), *Mindfulness in the Field of Educational Leadership*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
76. Robinson, K., & **Mahfouz, J.** (2017, November). From personal mindfulness to mindful leadership. In Mahfouz, J. (Chair), *Mindfulness in the Field of Educational Leadership*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
77. Karami, R., **Mahfouz, J.**, & Mansour, S. (2017, November). Sustaining school-based

- improvement through understanding and engaging leaders' emotional response to change. In Mahfouz, J. (Chair), *Emotional Experiences of Principals during Political Organizational Changes: An International Comparative Perspective*. Symposium presented at University Council of Education Administration (UCEA), Denver, Colorado.
78. **Mahfouz, J.** (2017, April). Exploring the influence of CARE on principals' leadership and well-being. Paper presented at 2017 Annual Meeting of American Educational Research Association (AERA), San Antonio, Texas.
 79. Schussler, D.L., Frank, J.L., Wright, M., **Mahfouz, J.**, Yu, J. (2017, April). Virtual role-play modules: Improving teacher candidate communication skills to curtail bullying. Paper presented at 2017 Annual Meeting of American Educational Research Association (AERA), San Antonio, Texas.
 80. **Mahfouz, J.** (2016, November). The influence of social emotional learning professional development program on principals' leadership and well-being. Paper presented at University Council of Education Administration (UCEA), Detroit, Michigan.
 81. **Mahfouz, J.**, Levitan, J., Barkauskas, N., Kohler, K., Schussler, D.L. (2016, April). Ensuring college student success through mindfulness-based stress reduction classes: Just Breathe. In Mahfouz, J. (Chair), *Exploring Processes of Implementation and Influence of Mindfulness Programs in Education*. Symposium presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
 82. Levitan, J., **Mahfouz, J.**, Barkauskas, N., Kohler, K., Schussler, D.L. (2016, April). Learning to Just Breathe: How teachers come to understand their roles and teacher identities when facilitating mindfulness-based health classes. In Mahfouz, J. (Chair), *Exploring Processes of Implementation and Influence of Mindfulness Programs in Education*. Symposium presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
 83. Barkauskas, N., Levitan, J., **Mahfouz, J.**, Kohler, K. (2016, April). The axiology of mindfulness: Exploring the ethics and values of mindfulness programs in education policy, leadership, and pedagogy. In Mahfouz, J. (Chair), *Exploring Processes of Implementation and Influence of Mindfulness Programs in Education*. Symposium presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
 84. Kornhaber, M., Barkaukas, N., Griffith, K., Sausner, E., **Mahfouz, J.**, Chew, P., Kotok, S. (2016, April). Resistance to the Common Core in New York state: How might the funnel be upended? Paper presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.
 85. Schussler, D.L., Frank, J.L., **Mahfouz, J.** (2016, April). Using virtual role-play to enhance teacher candidates' skills in responding to bullying. Paper presented at 2016 Annual Meeting of American Educational Research Association (AERA), Washington, D.C.

86. **Mahfouz, J.**, Sausner, E., Kornhaber, M. (2016, March). Globalization of the Common Core. Paper presented at 2016 60th Annual Conference of the Comparative and International Education Society (CIES), Vancouver, Canada.
87. Smith, W., **Mahfouz, J.**, Liu, J., Fraser, P., Ikoma, S., Chykina, V., & Levitan, J. (2015, March). What makes a global citizen? The importance of education in a globally integrated world. Paper presented at 59th Annual Conference of Comparative and International Education Society (CIES), Washington, DC.
88. Barkauskus, N., Kornhaber, M., **Mahfouz, J.**, Sausner, E., Griffith, K. (2015, April). Common Core implementation: Great expectations meet ground-level challenges. Paper presented at 2015 Annual Meeting of American Educational Research Association (AERA), Chicago, Illinois.
89. Barkauskas, N., Levitan, J., **Mahfouz, J.**, Kohler, K. (2015, October). The axiology of mindfulness: Exploring the ethics and values of mindfulness programs in education policy, leadership, and pedagogy. Paper presented at 20th Annual CSLEE Values and Leadership Conference, State College, Pennsylvania
90. Kornhaber, M., Sausner, E., **Mahfouz, J.**, Barkauskas, N., & Kotok, S. (2014, October). Standards-based reform: Take III. Paper presented at 44th Annual Meeting of the Northeastern Educational Research Association (NERA), Trumbull, CT.
91. **Mahfouz, J.**, Barkauskas, N., Sausner, E., & Kornhaber, M. (2014, November). Leadership challenges in leveling the playing field across unequal contexts. Paper presented at University Council of Education Administration (UCEA), Washington, DC.
92. **Mahfouz, J.**, Barkauskas, N., Sausner, E., & Kornhaber, M. (2014, November). Negotiating change: School leaders and another new reform. Paper presented at Graduate Student Abstract Exchange of University Council of Education Administration (UCEA), Washington, DC.
93. Kornhaber, M., Griffith, K., Sausner, E., & **Mahfouz, J.** (2014, May). The influence of the Common Core State Standards Reform on teacher education and professional development. Paper presented at International Symposium, New Issues on Teacher Education, University of Macerata, Macerata, Italy.

(Post-Convention Workshop)

94. **Mahfouz, J.**, Greenberg, M.T., Turksma, C., Krisch, K., Rodriguez, A., & Marks, LaMesa (2021, June). Best practices in social emotional learning – Early career principals. Pre-Conference Workshop presented at National Association of Elementary School Principals (NAESP), Louisville, KY.
95. Smith, B., Carpenter, B., Butcher, K.A, **Mahfouz, J.**, Richardson, J., Esat, G. (2018, November). Mindful practices for improving school climate. Post-Convention Workshop presented at 2018 Annual Meeting at University Council of Education Administration (UCEA), Houston, TX.

(Poster Presentation)

96. **Mahfouz, J.**, King, K., Kotok, S. & Yahya, D. (November, 2023). Soul of Leadership: Network Improvement Community for Leader Prosociality. Poster presented at the Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange Conference, Atlanta, GA.
97. Katz, D. & **Mahfouz, J.** (2021, October). SEL in Alternative School Education: Learning from One High School's School-wide Implementation. Poster presented at the Collaborative for Academic Social, and Emotional Learning (CASEL) SEL Exchange Conference, Chicago, IL. [cancelled]
98. **Mahfouz, J.**, Robinson, K., Katz, D., Doyle, S., & Schussler, D. (2019, October). School administrators' experience with CARE. Poster presented at the Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange Conference, Chicago, IL.
99. El Hajj, H., **Mahfouz, J.**, & Branen, J. (2019, April). The new Palouse Prairie School Design: A collective initiative. Showcase poster presented at Campus-Community Forum, Center for Civic Engagement, Washington State University, WA.
100. Schussler, D., Frank, J.L., Lee, T.K., Wright, M., **Mahfouz, J.**, Yu, J. (2017, April). Virtual roleplay modules: Improving teacher candidate communication skills to curtail bullying. Poster presented at 2017 Annual Meeting of American Educational Research Association (AERA), San Antonio, Texas.
101. Mann, B., Jeon, H., **Mahfouz, J.**, & Baker, D. (2015, May). Women's empowerment, educational attainment, and contraceptive use in Latin America/Caribbean countries. Poster presented at 2015 Annual meeting of Population Association of America (PAA), San Diego, CA. **Awarded Best poster in the session.**

Keynote Addresses

- Mahfouz, J.** (2024, October). Keynote Speaker: Prioritizing principal wellbeing for effective leadership: the prosocial leader model. University of British Columbia, Kelowna, BC.
- Mahfouz, J.** (2024, February 10). Bridging the gap between research and development: Building partnerships with researchers to produce knowledge that supports school-based Improvement. 24th TAMAM Gathering, Amman, Jordan.
- Mahfouz, J.** (2023, March 3). Education Forum Speaker: Prosocial leadership for school flourishing and improvement. American University of Beirut, Lebanon.
- Mahfouz, J.**, & Yahya, D. (2022, March 23). Keynote speakers: Current trends in research in the Arab region. Kuwait University, Kuwait.
- Mahfouz, J.** (2021, June 22). Keynote Speaker: The prosocial school leader: Creating caring schooling starts with the principal. Mindful SEAD Summit: Nevada Department of Education, NV.

Mahfouz, J. (2019, February 24). Feature Speaker. TAMAM Research Dynamics. American University of Beirut, Beirut, Lebanon.

Mahfouz, J. (2018, November 16). Feature Speaker. Barbara L. Jackson Scholars Network Recognition Ceremony. University Council for Educational Administration (UCEA), Houston, TX.

Invited Talks & Presentations

Reilly, E. Showumni, V. & **Mahfouz, J.** (April, 2022). Mentoring across the continents: Supporting international scholars. Presented at 2022 Annual Meeting of American Educational Research Association (AERA), San Diego, CA.

Mahfouz, J., Rivera-McCutchen, R., Yoon, I., Douglass, S., & Theoharis, G. (April, 2022). Invited Panel Speaker. Networking and building communities of support to sustain ourselves as social justice workers. Presented at 2022 Annual Meeting of American Educational Research Association (AERA), San Diego, CA.

Mahfouz, J. (2020, November). The ISLDN: Project findings and implications for future studies and collaborative international research. Presented at 2020 Annual Meeting at University Council of Education Administration (UCEA), virtual.

Mahfouz, J. (2020, November). “Graduate School in Stages”. Invited Panel Speaker. Annual Meeting at University Council of Education Administration (UCEA), virtual.

Mahfouz, J. (2020, July 29). “Seeking Jobs in the Scientific Fields”. ARID, Malaysia.

Mahfouz, J. (2020, February 19). Principals: Abundance of stress and no self-care. Invited Presentation for Deborah Schussler’s course on Emotional Intelligence and Leadership.

Brownsberger, W., **Mahfouz, J.**, Reeder, H., Rosenthal, B., & Sheperis, C. J. (2019, September 27). Invited Panel Speaker. Addressing the challenges of education: Bringing back civil discussion, debate, and the conflict of ideas. Collaborative Education Programs for the Americas, CEPA Leadership Consortium, San Antonio, TX.

Mahfouz, J. (2019, June 27). Invited Presentation. TAMAM project dynamics. American University of Beirut, Beirut, Lebanon.

Mahfouz, J. (2019, February 15). Action research processes. Hani El Hajj’s course ID 352: Interior Design IV.

Mahfouz, J. (2018, March 8). Surviving your PhD life. Brant Miller’s Proseminar Course for Doctoral Students.

Mahfouz, J. (2017, November 25). Stress, teachers, and pre-service teachers. Centenary University. Hackettstown, NJ.

Any, U., Hollett, T., **Mahfouz, J.**, Morrow, N., Rizzo, K., and Lee, J.Y. (2017, March 21). Faculty job search panel: Get tips on how to survive your future faculty job search from recent search committee members and recently hired faculty. The Pennsylvania State University, State College, PA.

Mahfouz, J. (2015, February). Known and denied: Role of women in the MENA region. Invited talk given to MENA Business Society, The Pennsylvania State University, State College, PA.

Mahfouz, J. & Hall, D. (2014). Qualitative coding. Invited co-teaching session for Ed Fuller's Assessment and Evaluation course, The Pennsylvania State University, State College, PA.

Mahfouz, J. (2014). Pro-seminar: Educational leadership. Invited talk given to first year PhD students, The Pennsylvania State University, PA.

Mahfouz, J. (2014, October 30). How can I create engaging lessons that will nurture learning and curiosity. Invited teaching session for Classroom Management Course, The Pennsylvania State University, State College, PA.

Invited Workshops & Webinars

Mahfouz, J. & Brezicha K. (2019, February 15). Transitioning mindsets: From graduate student to potential faculty colleague. Things new faculty wish they had learned earlier about navigating AERA. Jackson Scholar Webinar Series.

Mahfouz, J. (2010). Assessment tools and classroom-based assessment. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

Mahfouz, J. (2010). Character development: Practical ideas in the classroom. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

Mahfouz, J. (2010). Teaching methodologies and differentiated learning. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

Mahfouz, J. (2010). Professional portfolios for professional educators. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

Mahfouz, J. (2010). Becoming a teacher leader. Workshop presented at Al Afaq International Schools, Jeddah, K.S.A.

Mahfouz, J. (2005). Fun activities for language arts classes. Workshop presented at Dar Al Fikr Schools, Jeddah, K.S.A.

Mahfouz, J. (2005). Reading for pleasure. Workshop presented at Dar Al Fikr Schools, Jeddah, K.S.A.

Service Workshops

Holyoke, L. & **Mahfouz, J.** (2018, February 9). Mindfulness in schools: What's next? Session IV. Workshop presented at Lena Whittemore Elementary, Moscow, ID.

Holyoke, L. & **Mahfouz, J.** (2018, January 19). Mindfulness in schools: Practical tools session III. Workshop presented at Lena Whitemore Elementary, Moscow, ID.

Holyoke, L. & **Mahfouz, J.** (2018, February 9). Mindfulness in schools: Trauma informed schools session II. Workshop presented at Lena Whitemore Elementary, Moscow, ID.

Holyoke, L. & **Mahfouz, J.** (2018, February 9). Mindfulness in schools: Introduction to mindfulness session I. Workshop presented at Lena Whitemore Elementary, Moscow, ID.

Mahfouz, J. (2012). Teaching and assessing through multiple intelligences. Workshop presented at Advanced Global International School, Jeddah, K.S.A.

Mahfouz, J. (2012). Going outside the lines. Workshop presented at Advanced Global International School, Jeddah, K.S.A.

Mahfouz, J. (2011). Classroom management of language teaching. Workshop presented at Advanced Global International School, Jeddah, K.S.A.

Mahfouz, J. (2009). Utilizing blackboard during swine flu closing of school. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

Mahfouz, J. (2009). Blackboard Suite: Tools for application. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

Mahfouz, J. (2009). Implementing and assessing collaborative cooperative learning. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

Mahfouz, J. (2009). Visual literacy. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

Mahfouz, J. (2008). Instilling leadership skills in classroom. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

Mahfouz, J. (2008). Integration of community awareness within curriculum. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

Mahfouz, J. (2008). Academic portfolios. Workshop presented at American International School of Jeddah, Jeddah, K.S.A.

TEACHING AND ADVISING

Courses Taught

(University of Colorado, Leadership for Educational Organizations)

EDUC 5651: Foundations of Leadership (Fall 2021, Fall 2022)

LDFS 7712: Learning and Human Development (Summer 2021, Summer 2022, Summer 2023)

EDUC 5751: Principal/ Administrator Licensing I (Fall 2020, Spring 2021, Spring 2023)

EDUC 5752: Principal/ Administrator Licensing II (Fall 2020, Spring 2021, Summer 2023)

EDUC 5753: Principal/ Administrator Licensing III (Summer 2021, Fall 2023)
EDUC 5754: Principal/ Administrator Licensing IV (Spring 2022, Spring 2024)
EDUC 5653: Leadership Practices for Responsive Change (Spring 2021, Spring 2022)
EDUC 7230: Organizational Performance in Educational Contexts (Summer 2022, Spring 2025)
RSEM 7003: Applied Research Methods III (Fall 2023, Fall 2024)
RSEM 7002: Applied Research Methods II (Spring 2024)

(University of Idaho, Department of Counseling and Leadership)

EDAD 594: Theory in Educational Administration, Graduate (Fall 2017, Fall 2018, Fall 2019)
EDAD570: Methods of Educational Research, Graduate (Spring 2018, Summer 2018, Spring 2019, Spring 2020)
EDAD 571: Educational Leadership in a Global Society, Graduate (Spring 2018, Spring 2019, Spring 2020)
EDAD 534: The Principalship, Graduate (Fall 2018, Fall 2019, Spring 2019, Summer 2018, Summer 2019)
AOLL570: Foundations of Research in Adult, Organizational Learning and Leadership, Graduate (Summer 2019)
EDAD 504: Mindful Educational Leadership, Doctoral (Spring 2020)
EDAD 502: SEL Research, Doctoral (Spring 2019)

Graduate Student Advisement

(University of Colorado, Denver)

Ed.D. students:

Elizabeth Russell
Ashley Phillips
Cara Godbe
Susan Davis
Melissa Lettis
Jennifer Piggott
Nathan Hobbs
Zachary Coffee
Amanda Christopher
Rana Bassaj
Eric Hamilton
Branden Lane
AnnaLeah
Magdalena
Maria
Jeremy
Oli

Ph.D. Students:

Liana Hall
Patrick Luna
Samuel Yousef Soliman

Jesse Lasser
Alexandra Rodriguez

(University of Idaho)

(Master's)

James Miller, M.Ed., Leadership & Counseling, University of Idaho, May 2019
Lydia Alberto, M.Ed., Leadership & Counseling, University of Idaho, May 2019
Richard Stock, M.Ed., Leadership & Counseling, University of Idaho, May 2020
Jessica Robinson, M.Ed., Leadership & Counseling, University of Idaho, May 2020
Amber Steele Poelestra, M.Ed., Leadership & Counseling, University of Idaho, May 2020
Brianna DuRocher, M.Ed., Leadership & Counseling, University of Idaho, May 2020
Katie Eastman, M.Ed., Leadership & Counseling, University of Idaho
Maddalyn Starks, M.Ed., Leadership & Counseling, University of Idaho
Amber Bryans, M.Ed., Leadership & Counseling, University of Idaho
Aaron Dail, M.Ed., Leadership & Counseling, University of Idaho
Jessica Renfrow, M.Ed., Leadership & Counseling, University of Idaho
Sydney Durk, M.Ed., Leadership & Counseling, University of Idaho

(Specialist's)

Melissa Kirkland, Ed.S., Leadership & Counseling, University of Idaho, May 2020
Chris Stoker, Ed.S., Leadership & Counseling, University of Idaho, May 2020
Benjamin Ott, Ed.S., Leadership & Counseling, University of Idaho, May 2020
Lydia Alberto, Ed.S., Leadership & Counseling, University of Idaho, May 2020

(Doctoral)

Dissertations:

Committee Chair, Susan Davis, Ed.D., Leadership for Educational Equity, University of Colorado
Denver (Defense,)

Title:

Committee Chair, Nathaniel Hobbs, Ed.D., Leadership for Educational Equity, University of Colorado
Denver (Defense,)

Title:

Committee Chair, Melissa Lettis, Ed.D., Leadership for Educational Equity, University of Colorado
Denver (Defense,)

Title:

Committee Chair, Jennifer Piggott, Ed.D., Leadership for Educational Equity, University of Colorado
Denver (Defense,)

Title:

Committee Chair, Ashley Phillips, Ed.D., Leadership for Educational Equity, University of Colorado
Denver (Defense,)

Title:

Committee Chair, Zackary Coffee, Ed.D., Leadership for Educational Equity, University of Colorado
Denver (Defense,)

Title:

Committee Chair, Elizabeth Russell, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense,)

Title:

Committee Member, Melisa Sandoval, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense, March 2023)

Title:

Committee Member, Ashley Gehrke, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense, March 2022)

Title: *Principal in a Pandemic: A Portraiture on Principal Efficacy and Community of Practice*

Committee member, Erin Kimmel, Ed.D., Leadership for Educational Equity, University of Colorado Denver (Defense, May 2021)

Title: *Establishing a trauma-informed workforce in education*

External Committee Member, Dong Jin Kim, Ph.D. in Educational Leadership, Washington State University (Defense, May 2020)

Title: *Personal Mindfulness Practices and Educational Leadership: A qualitative Study*

External Committee Member, Mohamed ElHess, Ph.D. in Education, University of Idaho (Defense, April, 2021)

Title: *Sense of Belonging among Libyan International Students in America*

External Committee Member, Kathleen B. King, Ph.D. in Education, DePaul University (Defense, May 2021)

Title: *Social Emotional Learning and Intervention programs for Students Experiencing Underperformance*

External Committee Member, April Harris, Ed.D. in Educational Leadership, Baylor University (Defense, December, 2021)

Title: *A Quantitative Non-experimental Correlational Investigation of Burnout Theory and Well-being Theory to Address Burnout in Assistant Principals*

External Committee Member, Lisa Philips, Ph.D., Department of Integrated Studies, McGill University, CA (Defense, July 2021)

Title: *Principals' Perspectives: Discourse on Cultural Responsiveness, Social Justice, and Inclusion in Catholic Schools*

External Committee Member, Nouf Al-Kaabi, Ed.D., Education, University of Bath, UK (April, 2021)

Title: *An Analysis of How Accountability Is Implemented in the School System in Qatar*

External Committee Member, Darlene Loland, Ph.D., Interdisciplinary Studies, University of British Columbia, CA (Defense, March 2022)

Title: *(Re)searching Teacher Wellbeing: An Exploration of the Relationship between Mindful Nature Experiences and mental Health*

External Committee Member, Kunal Mishra, Ph.D., McGill University

External Committee Member, Bev Lyseng, Ed.D., University of Portland

Title: *Social Emotional Competencies in Relation to School Leadership in Alberta*

External Committee Member, Jeana Partin, Ph.D., Educational Leadership & Policy Studies, University of Tennessee

Title: *Principals' Ethical Decision-Making Processes Related to Student Cyberbullying*

External Committee Member, Lebon James

External Committee Member, Hana AlGhamdi

LEADERSHIP & SERVICE

Advisory Boards

Advisory Board Member, Greater good Science Center Education Program, UC Berkeley
 Advisory Board Member, The Adult Development Instrument, Tel Aviv University
 Council Member, T-SEL, UC Berkeley

Editorial Boards

Editorial Board Member, Leadership and Policy in Schools (2023 – present)
 Editorial Board Member, Social and Emotional Learning: Research, Practice, & Policy (2023 – present)
 Editorial Board Member, School Administration Journal (2025 – 2027)
 Editorial Board Member, Journal of Educational Sciences (2021 – present)
 Editorial Board Member, Journal of Trauma Studies in Education (2021 – 2023)
 Editorial Board Member, Journal of School Leadership (2020 – present)
 Editorial Board Member, Stress and Health (2018 – present)
 Editorial Board member, Research in Educational Administration and Leadership (2018 – present)

Grant Review Experience

Spencer Foundation (small grant) reviewer (2024, 2025)
 National Science Foundation (NSF) reviewer (2020)
 Israel Science Foundation (ISF) reviewer (2023, 2024)

Program Review Experience

External reviewer, National University, Master's SEL program 4th year review (2024)
 External reviewer, Notre Dame University, MA in Education self-study (2024)

Review Experience (ad hoc)

Psychology of Music (Invited reviewer, 2025)
 The Journal of Genetic Psychology (Invited reviewer, 2025)
 The Asia-Pacific Education Researcher (Invited reviewer, 2020, 2021)
 Journal of Research on Leadership Education (Invited reviewer, 2021)
 Journal of School Leadership (Invited reviewer, 2020, 2021, 2025)
 Educational Policy, 2022 Politics of Education Association Yearbook (Invited reviewer, 2020, 2021)
 Educational Research for Policy and Practice (Invited reviewer, 2020)
 Teaching and Teacher Education (Invited reviewer, 2020, 2021)
 Mindfulness (Invited reviewer, 2020, 2021, 2022)
 Teachers College Record (Invited reviewer, 2020)
 Journal of Cognitive Enhancement (Invited reviewer, 2020)
 Youth and Society (Invited review, 2020)
 SAGE Open (Invited reviewer, 2019)
 Leadership & Policy in Schools (Invited reviewer, 2019, 2020, 2024, 2025)
 Educational Management, Administration, & Leadership (Invited reviewer, 2019, 2020)
 Research in Educational Administration and Leadership (Invited Reviewer, 2019, 2020, 2021)
 BMJ Open (Invited Reviewer, 2019)
 Fire Forum (Invited Reviewer, 2019)
 Health Education Journal (Invited Reviewer, 2019)
 Educational Administration Quarterly (Invited Reviewer, 2018, 2019)

Stress and Health (Invited Reviewer, 2018, 2019, 2021)
 Journal of Educational Administration (Special Issue Co-editor, “School Administrators’ Wellbeing and Mindfulness” (Invited Reviewer, 2018, 2019, 2020, 2021, 2022)
 American Journal of Education (Invited Reviewer, 2018)
 Childhood Education Journal (Invited Reviewer, 2015)
 International Journal of Leadership in Education (Invited Reviewer, 2016, 2019)
 Journal of Contemplative Inquiry (Invited Reviewer, 2015)
 Journal of Education for teaching (Invited Reviewer, 2021)
 Psychology Research and Behavior Management (Invited Reviewer, 2021)
 Teachers and Teaching: Theory and Practice (Invited Reviewer, 2020, 2021, 2022)

Professional Service (National & International)

- Research Supervisor, TAMAM Center, American University of Beirut (2019 – present)
- Program Chair, Social Emotional Learning Special Interest Group, American Educational Research Association (2022 – 2023)
- Chair, Leadership for School Improvement Special Interest Group, American Educational Research Association (2022 – 2023)
- Program chair, International Studies Special Interest Group, American Educational Research Association (2022 – 2025)
- Faculty Mentor of a Millennium Scholar, Society of Transnational Academic Researchers (STAR) (2021-2022)
- Steering Committee, Khaddit Beirut: Education Group, American University of Beirut (2020 – present)
- Best Dissertation Award Committee Member of Division A: leadership, American educational Research Association (2020 – 2021)
- Secretary-Treasurer, International Studies Special Interest Group, American educational Research Association (2019 – 2022)
- Program Chair, Social Emotional Learning Special Interest Group, American educational Research Association (2020 – 2021)
- Outgoing Program Chair, Social Emotional Learning Special Interest Group, American educational Research Association (2021 – 2022)
- Program Chair-Elect, Social Emotional Learning Special Interest Group, American educational Research Association (2019 – 2020)
- Program Chair, Leadership for School Improvement Special Interest Group, American educational Research Association (2021 – 2022)
- Secretary, Leadership for School Improvement Special Interest Group, American educational Research Association (2020 – 2021)
- Dissertation Award Committee Chair of the Leadership for School Improvement Special Interest Group, American educational Research Association (2019 – 2020)
- Conference Advisory Council Member, Collaborative Education Programs for the Americas, CEPA Leadership Consortium (2019 – 2020)
- Clark Scholar Reviewer, University Council of Educational Administrators (2020)
- Faculty Mentor, Researcher Development Program, Leadership for School Improvement Special Interest Group, American educational Research Association (Cohorts: 2018- 2019, 2019 – 2020, 2020 -2021, 2021-2022)
- Conference Organizer, *Sustaining Ethical and Values-Based Leadership in Volatile*

Contemporary Times, The Consortium for the Study of leadership and Ethics in Education (CSLEE), the 23rd Annual Values and Leadership Conference (2019)

- Dissertation of the Year reviewer, Leadership for School Improvement SIG, American Educational Research Association, AERA (2018)
- Conference Reviewer, Annual Convention of University Council for Educational Administration, UCEA
- Conference Reviewer, Annual Meeting of the American Educational Research Association, AERA
- Program and Sessions Organizer, *Walking the Talk: Ethics, Leadership, and the Quest for Inclusive Practice*, The Consortium for the Study of leadership and Ethics in Education (CSLEE), the 23rd Annual Values and Leadership Conference (2018)
- Organizer of AUB Alumni Entrepreneurs Panel, Worldwide Alumni Association of American University of Beirut, 6th North American Regional Summit, Philadelphia, PA (2016)
- Graduate Student Volunteer, Annual Convention of University Council for Educational Administration, UCEA (2016)

Departmental, College, & University Service

(University of Colorado, Denver, CO)

Departmental

Lead, online EdD Program, Doctor of Education in Leadership for Educational Equity, Executive Leadership (2024-2025)

Committee member, UCEA membership

SEHD

Leadership & Finance Committee (2024 -2025)

Merit Committee (tenure track) (2024- 2027)

Committee Member, Curriculum & Programs Committee (2021 – 2025)

Member, EdD Program, School of Education and Human Development (2020 – present)

Member, PhD Program, School of Education and Human Development (2020 – present)

Committee member, Development of Master's Program in Teacher Leadership for Equity (2020 - present)

University

School Representative, Strategic Plan Implementation Advisory Council (2022 – 2025)

Budget Allocation Review Committee (2024 – 2025)

Budget Priorities Committee (2024 – 2025)

(University of Idaho, Moscow, ID)

College

Member, EHHS Centennial Planning Committee (2019)

Promotion and Tenure Review Committee Member, College of Education, Health and Human Sciences (2018, 2019)

Faculty Affairs Committee Member (2019 – 2020)

Member, CAEP Accreditation Committee for Educational Leadership Program, College of Education, Health and Human Sciences (2019 – 2020)

University

Search Committee, Associate Director for Employee Immigration Compliance (2020)
Floor Marshall, Commencement Committee (2017, 2018, 2019, 2020)
Judge, Final Presentation and Critique: Palouse Prairie School New Building, ID 352: Interior Design IV, Department of Interior Architecture and Design (2019, May)
Evaluator, The Semester Lighting Fixtures Exhibit: Illuminating History, ID 281: History of the Interiors II, Department of Interior Architecture and Design (2019, April)

(Pennsylvania State University, State College, PA)

Member, Search Advisory Committee, Endowed Hoy Professor of Educational Leadership, Education Policy Studies (2016 - 2017)
Vice-President, Educational Leadership Student Association (ELSA), Educational Leadership Program, Education Policy Studies (2013 – 2014)
Communication Officer, International Education Student Association (IESA), Comparative International Education Program, Education Policy Studies (2013 – 2014)

(American University of Beirut, Beirut, Lebanon)

President of the English Students' Society, English Department (2001- 2002)

Community Service

Job Interviewer, Ralston Valley High School (2020)
Consultant to High Five, youth training module contents for summer camps (2020)
Passage Panelist, Rite of Passage for grade 8 students, Palouse Prairie School (2018, 2019)
Classroom Volunteer, Easterly Parkway Elementary (2013- 2016)
Publishing Committee member, WAAU Alumni 100th Anniversary Cookbook (2014 -2015)

Professional Memberships

University Council for Educational Administration (UCEA) (2013 – present)
American Educational Research Association (AERA) (2013 – present)
European Educational Research Association (EERA) (2022 – present)
Comparative and International Education Society (CIES) (2014 – present)
American Mindfulness Research Association (AMRA) (2016 – present)
Consortium for the Study of Leadership and Ethics in Education (CSLEE) (2015 – present)
American Educational Studies Association (AESA) (2020 – present)
American Psychological Association (APA) (2020 – present)
The Maxine Greene Center for Aesthetic Education and Social Imagination (2015 – present)

(Current AERA SIG Memberships)

Division A: Administration, organization, and Leadership
Leadership for School Improvement (SIG #101)
Leadership for Social Justice (SIG# 165)
International Studies (SIG #54)
Social and Emotional Learning (SIG #170)
Stress, Coping, and Resilience (SIG #117)
Organizational Theory (SIG #73)

HONORS, ACCOMPLISHMENTS, AND AWARDS

School Faculty Excellence Award for Contributions in Research and Creative Work (2024)
 Joseph E. Zins Early Career Award for SEL Action Research, CASEL (2023)
 CASEL Roger Weissberg Scholar (2021- 2023)
 Donald J. Willower Award of Excellence in Educational Administration, The Consortium for the Study of Leadership and Ethics in Education (2019)
 Dissertation of the Year Finalist of Leadership in School Improvement SIG (2018)
 Donald J. Willower Dissertation Award in Educational Leadership (2017)
 Recipient of Dissertation Research Initiation (2016 - 2017)
 David L. Clark Scholar (2016)
 Barbara Jackson Scholar, UCEA (2015 – 2017)
 Recipient of Robert Mitstifer Memorial Fund Award (2016)
 Recipient of Robert F. Nicely, Jr. & Donna C. Nicely Doctoral Student Research Fund in Education (2016)
 Graduate Assistantship, College of Education, The Pennsylvania State University (2014 – 2017)
 Dean's List, American University of Beirut, Beirut, Lebanon (2005)
 Departmental Honors, Department of English, American University of Beirut, Beirut, Lebanon (2005)
 Passed with Distinction, M.A.'s Qualifying Exams, Department of English, American university of Beirut, Beirut, Lebanon (2005)
 Graduate Assistantship, American University of Beirut, Beirut, Lebanon (2002 – 2004)

CERTIFICATIONS

Design Teach Online, University of Wisconsin-Madison (2019)
 Certified Secondary CLASS Observer, TeachStone (2016- 2018)
 Graduate Student Online Teaching Certificate, Pennsylvania State University, State College, PA (2014)
 Strategic Leadership Certificate, Cambridge Institute for Global Leadership, Beirut, Lebanon (2008)
 Teaching AP English Language and Composition Certificate, Fordham University, Advanced Placement Institute, New York, U.S.A (2007)

OTHER PROFESSIONAL DEVELOPMENT & TRAINING

The Grant Development Process, University of Colorado, Denver (September 23, 2020)
 Trauma-Informed Deeper Dive: Let's talk about PBIS by Alex Shevrin Venet (October 28, 2020)
 Community of Practice: Empowering Students and Building Community Online, Center for excellence in Teaching and Learning, University of Colorado-Denver (October 8, 2020)
 Social Justice Teach-in: "Whose Black Lives Matter? The Political Influence of Racial Appeals on Instagram by Dr. Chaya Crowder and with Deon Jones, Center for Identity and Inclusion, University of Colorado-Denver (October 19, 2020)
 Leading through an Equity Lens, Learning Development Team, Human Resources, University of Colorado, Denver (November 12, 2020)
 What's in a Name? Equity Concepts, Learning Development Team, Human Resources, University of Colorado, Denver (November 5, 2020)
 From Bystander to Active Allyship, Learning Development Team, Human Resources, University of Colorado, Denver (October 29, 2020)
 Faculty Success Program by National Center for Faculty Development and Diversity (Fall 2017)
 NVivo Qualitative Data Analysis Software Workshop (June 18-19, 2017)

Coming to Our Senses: Healing Ourselves and the World through Mindfulness workshop, with Jon Kabat Zinn, Omega Institute, NY (May 22-25, 2015)

CARE - Cultivating Awareness and Resilience in Education retreat with Patricia Jennings, Garrison Institute, NY (August 3-8, 2015)

L2B – Learning to BREATHE mindfulness-based program training with Patricia Broderick, Hershey Medical Center, PA (February 27 – March 1, 2015)